



GET THE DREAM LOOK YOU DESERVE

UPPER BODY LIFT



#rediscoveryourself



YOUR DOCTOR

DR. SALIL PATIL ,
M.CH. (PLASTIC AND RECONSTRUCTIVE SURGERY)



FELLOW, ADVANCED COSMETIC SURGERY (FACS)



FELLOW, LASER AND COSMETIC DERMATOLOGY



CONSULTANT PLASTIC, COSMETIC AND LASER SURGEON



DIRECTOR, DHANWANTARIS CHRYSALIS

Dr. Salil Patil, Pune is an Indian Board Certified Cosmetic Surgeon, gold medalist and Director at **Dhanwantari's Chrysalis**. He is the most Trusted and Respected name in Cosmetic Surgery, Hair, Skin and Laser. He has practiced with Indian and Overseas patients with innumerable Successful Surgeries to his credit. He is a very humble human being and keeps a very simple and comfortable approach to the patients.

Here at Dhanwantari's Chrysalis each patient receives personalized attention and makes an informed decision after extensive counseling with full knowledge of the procedures as well as alternative treatments. Dhanwantari's Chrysalis is performing at its best with Advanced instrumentation, state of the art operative and OPD equipment as well as experienced qualified and expert Plastic surgeon, ably backed by a well trained and experienced staff.

Apart from these best medical standards, Patients find benefits in their lives in many aspects with much improved, physical and mental health.



UPPER BODY LIFT

What is **UPPER BODY LIFT** ?

It is also known as body lift or back lift.

Surgery for Upper - body - lift consists of a single or multiple procedures, including an upper - arm –lift, breast lift (also called gynecomastia) or surgery to remove excess, accumulated fat along the back. After liposuction or excessive weight loss, the excessive skin, that sags, is removed to create a sleek and well - contoured body. It improves a person's appearance and assures him of a greater self - esteem.

WHO NEEDS IT?/ CANDIDATURE FOR UPPER BODY LIFT

Who is the best candidate for UPPER BODY LIFT?

If one has, in the immediate past, gone through an exceptionally large weight loss either naturally or through bariatric surgery. The excess skin can also be around arms, chest or waist. (This is particularly noticeable amongst elderly people who had indulged in 'body building' during their younger days or were way overweight and lost weight rapidly due to some reason or the other.)

Your lower back looks like a tyre, i.e. there is too much fat present in that region. It is also called back rolls. You have loose skin on your upper body. This is likely to have occurred due to fat pockets in your upper body being removed by liposuction. You have rolls on your back. You have loose skin on your breasts and under your arms. The excessive fat under your loose skin is relatively thin.

Since smoking slows down the healing process, you must quit at least one and a half months before surgery. If you are a non - smoker, you would be eligible.

Your weight has not changed substantially at least for the past half a year or so and no further loss is expected. For ideal results, assuming that one has started a large loss in weight programme, one should keep away from body contouring for at least two years. This lets your skin to shrink as much as possible and also your food intake is more or less the same. This helps in your recovery procedure. You are physiologically in good health and not suffering from diabetes or heart disease. People who are ill off and on should not go in for body contouring. Before you decide to undergo this procedure, visit your family doctor and get an assurance from him that you are in a position to undergo plastic surgery and any other procedures that may arise. To be really an ideal candidate, you should have a positive frame of mind, good health and not be encumbered by any debilitating diseases.

For an upper body lift you will have to undergo a general anesthetic procedure. Your involvement will depend upon which method you are subjected to.



BENEFITS OF UPPER BODY LIFT

You will look much smarter because your clothes drape better on your body.

Rash or chafing caused by loose skin will be eliminated.

Bulges and roll will be eliminated due to surgery. This will improve your attitude towards yourself.



PHYSICAL APPEARANCE:



Youthfulness

Ageing is a natural process which everyone goes through. Visible wrinkles, fine lines, blemishes are signs of ageing. Such skin flaws makes you look tired or aged. But with UPPER BODY LIFT like suitable treatment one feels younger, healthier and rejuvenated.



Natural

Nowadays UPPER BODY LIFT is gaining immense popularity because it produce results that blend extremely well with a patient's body aesthetics. Soon after the surgery, one gets back to the desired or normal shape of a treated body part. One does not have to wait long to see the result, which is the beauty of cosmetic surgery.



IMPROVED PHYSICAL HEALTH:

Some cosmetic surgery procedures have double advantage; it will improve physical health as well as your looks. For example, a rhinoplasty or nose job enhances the aesthetics of the nose and at the same time helps improve breathing and can potentially reduce sinus infections.

Breast reduction surgery, which is commonly requested by many women has benefits for not only improving aesthetic appearance and but also eliminates any physical and emotional discomfort which come along with it. Some researchers also believe that removal of breast tissue in men can lower the risk of cancer in that tissue.



WEIGHT LOSS:

Liposuction is a process in which the body is reshaped by removing fats from that particular part of the body, and it typically targets problem areas that do not respond well to diet and exercise. Patients seeking body contouring find it is easier to keep the weight down after lipoplasty. The positive results of liposuction can influence the patient to maintain a healthy diet and exercise program to keep their weight in check. Appropriate weight control can lead to a healthier body and reduced risks associated with obesity and excessive weight gain.

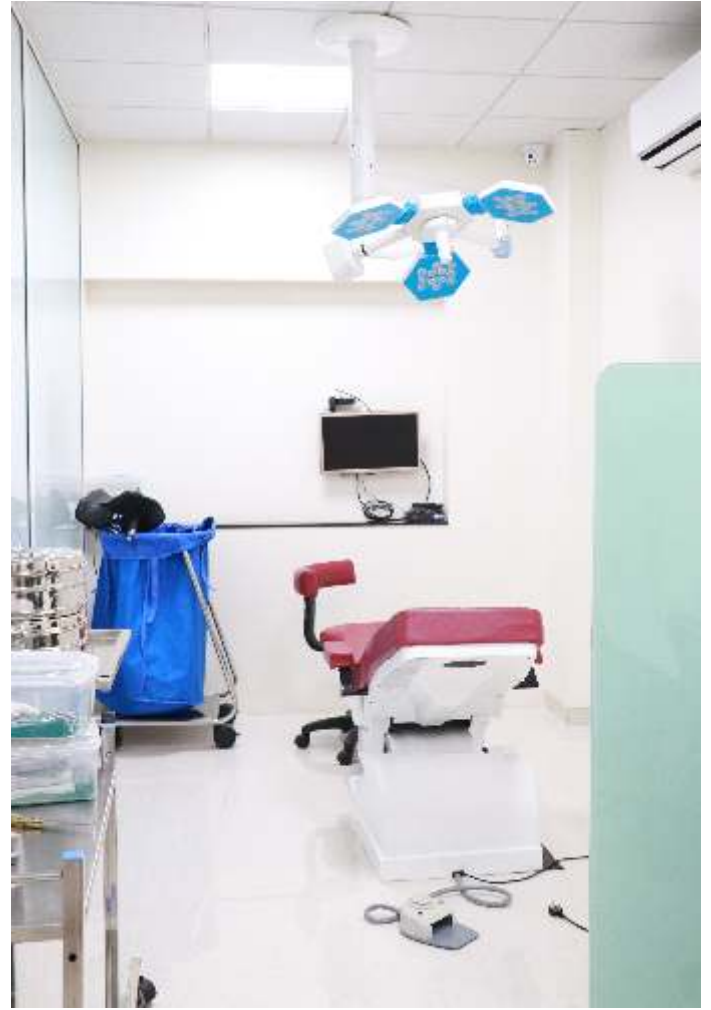


INCREASED CONFIDENCE AND ENHANCED MENTAL HEALTH:

Self Confidence is a tool that helps us face challenges and tackle problems in life, with great certainty. When you look good, you feel good which in turn increases your self confidence. It leads to greater willingness to try new things or open up in social situations. You become more willing and open to wearing certain clothes or participating in activities which you avoided prior to surgery, due to discomfort in your appearance.

Certain clinicians and psychologists feel, few corrections in your body parts, by cosmetic surgery can not only lead to emotional wellness but also enhanced mental health.

ABOUT CLINIC



HOW TO BOOK A SURGERY

01. Plan your travel dates and check out doctor's availability and confirm your appointment.
02. After bookings of your air tickets You need to send us a copy of your air tickets to us.
03. We will plan Your consultation with your doctor accordingly and schedule your treatment.

You can call on the numbers given below for any assistance or query.

Call : +91 070576 69340 | 73910 97831

HOW TO APPLY FOR A MEDICAL VISA ?

Visa : For the patients who are visiting India You need to follow below mentioned procedures :

01. Apply for a Medical Visa with the Local Indian Embassy in your country
02. Provide us a copy of your passport and traveling dates to us so that accordingly we can provide you An Invitation Letter for the Visa Application.

Visa On Arrival :

Visit the following Link mentioned here : <https://indianvisaonline.gov.in/>

Airport Pickup Facility : We can arrange for a pickup from the airport and we can offer you places also where you can live comfortably. We will take care of every aspect involved in the process to make your medical trip convenient and comfortable.



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